

Do not use if seal is broken or damaged. Store below 30°C. Vitamins can be of assistance only if dietary vitamin intake is inadequate.

#### Each capsule contains

Alanine	43.5mg
Cysteine Hydrochloride	43.5mg
Glutamine	43.5mg
Histidine	43.5mg
Leucine	43.5mg
Levocarnitine	43.5mg
Nicotinamide	94.5mg
Ornithine Monohydrochloride	43.5mg
Threonine	43.5mg

#### Each capsule contains

Rhodiola rosea Root Dry	174mg
Astragalus membranaceus Root Dry	435mg
Citrus aurantium Fruit Dry	5.22g

**Thinco**  
by Eagle Supreme Health

## VLC Diet Supreme Soft Gel Capsules

Contains a combination of Amino Acids, Vitamin and Herbal extracts that form a powerful formulation to assist weight loss and weight management.

**50 Soft Gel Capsules**  
AUST L 212467

#### VLC Diet Supreme:

May assist weight loss by suppression of appetite in conjunction with a calorie controlled eating plan.

#### Directions:

**Very Low Calorie Program:** One capsule daily 10 minutes before a protein meal.

**Active Plan/Plan 1000:** One capsule TWICE daily 10 minutes before a protein meal. Specific Diet Plan to be followed for optimal outcome.

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